



Naperville Studio
 Market Meadows
 75th & Naper Blvd.
 1239 S. Naper Blvd.
 Naperville, IL 60540
 (630) 527-1052

Von Heidecke's
School of the Chicago Festival Ballet

2009 – 2010 Class Schedule – Naperville
School Year - August 17th to May 29th



Joliet Studio
 (Theodore near Essington)
 3039 Theodore Street
 Joliet, Illinois 60431
 (815) 577-7011

<i>Ballet Class Level Requirements</i>				
Technique Requirements		Pointe Requirements		
PB 1, 2, 3	1 x per week (45 minutes)	CII	Pointe I	3 x ½ hour class per week
A I & A II	1 x per week (Ages 7 – 9)	D	Pointe II	3 x 1 hour class per week
B I	2 x per week	E	Pointe III	4 x 1 hour class per week
B II	3 x per week			
C I	3 x per week			
CII	4 x per week			
D	5 x per week			
E	6 x per week			

Term 1: August 17th to October 19th
 Closed Labor Day – September 7th

Term 3: January 11th to March 13th

Term 2: October 20th to January 9th
 Thanksgiving Break – November 24th to November 28th
 Winter Break – December 21st to January 2nd

Term 4: March 15th to May 29th
 Spring Break – March 29th to April 10th
 Closed Memorial Day – May 31st

<i>Monday</i>		<i>Tuesday</i>		<i>Wednesday</i>		<i>Thursday</i>		<i>Friday</i>		<i>Saturday</i>	
Studio I		Studio I		Studio I		Studio I		Studio I		Studio I	
D & E	6:00 –8:00	C	4:30 –6:00	C	4:30 –6:00	B I	4:30 –5:30	C	4:30 –6:00	C	10:00 –11:30
Pt II	8:00 –9:00	Pt I	6:00 - 6:30	PT I	6:00 –6:30	B I&II S	5:30 –6:00	PT I	6:00 –6:30	Pt I	11:30 –12:00
Studio II		D & E	6:00 –8:00	D & E	6:00 –8:00	D & E	6:00 –8:00	D & E	6:00 –8:00	C,D&E, S	12:00 –1:00
Dancercize	9:45–10:15	Pt II	8:00 –9:00	Pt II	8:00 –9:00	Pt II	8:00 –9:00	Pt II	8:00 –9:00	D & E	1:00 –3:00
Dancercize	10:30-11:00	Studio II		Dancercize	9:45 –10:15	Studio II		Studio II		Pt II	3:00 –4:00
A I & II S	4:30 –5:00	B I	4:30 –5:30	Dancercize	10:30 –11:00	B II	4:30 –5:30	Irish	4:30 –6:00		
A I & II	5:00 –6:00	B I&II S	5:30 –6:00	Studio II		Studio III		Studio III		Studio II	
Studio III		B II	6:00 –7:00	A I & II S	4:00 –4:30	PB2	3:00 –3:45	D/E Modern	5:00 –6:00	A I & II	9:00 –10:00
PB3	3:45 –4:30	Hip Hop B/C	7:00 –8:00	A I & II	4:30 –5:30	PB3	3:34 –4:30	Adult	6:00 –7:00	A & B S	10:00 –10:30
Adult	7:00 –8:00	Studio III		Modern	5:30 –6:30			Ballroom	7:00 –8:00	B I&II	10:30 –11:30
		M & M	9:00 –9:30	Studio III						Broadway Jazz	11:30 12:15
		PB3	9:30 –10:15	PB 3	9:30 –10:15					Studio III	
		PB 1&2	10:15–11:00	PB 1 & 2	10:15 11:00					PB 1	10:00 –10:45
		PB1	2:45 –3:30	PB 1 & 2	2:30 –3:15					PB 2	10:45 –11:30
		PB2	3:30 –4:15	PB 3	3:15 –4:00					PB 3	11:30 –12:15
		PB3	4:15 –5:00								
		Adult	6:00 –7:00								

KEY: S = Stretch Pt = Pointe PB = Pre-Ballet M&M = Mommy & Me

8/10/2009